



## Baby & Pregnancy Trivia



- How much did the smallest set of surviving triplets weigh?
  - 2 pounds and 14.4 ounces
  - 3 pounds and .8 ounces
  - 6 pounds and 2 ounces
- In the first year a baby's weight will?
  - Triple
  - Decrease
  - Double
- When is the best time to get an epidural?
  - When you arrive at the hospital
  - After you find out your pregnant
  - When the pain becomes unbearable
- What is the average birth weight of a newborn?
  - 6 pounds 12 ounces
  - 7 pounds 5 ounces
  - 8 pounds 1 ounce
- What CAN'T you do while pregnant?
  - Bikini Wax
  - Bowling
  - Bumper Cars
- What seems to get smaller when pregnant?
  - Breasts
  - Tummy & Hips
  - Bladder
- What is the best way to tell the sex of the baby?
  - Ultrasound
  - Urinate in DrainO
  - Childbirth
- What CAN you do while pregnant?
  - Get a tattoo
  - Change a cat litter box
  - Go to a rock concert
- What CAN'T you do while pregnant?
  - Botox treatments
  - Bowling
  - Raise your heart rate above 140 beats per min.
- What CAN'T you do while pregnant?
  - Have a mud bath
  - Ride a horse
  - Eat fish or other sea food
- At how many weeks pregnant does a baby's heart start to beat? (hint: the baby is the size of a sesame seed)
  - 2 weeks
  - 5 weeks
  - 7 weeks
- What happens when someone's membranes are ruptured?
  - The amniotic sac holding the fluid around the baby is broke.
  - The mom-to-be is completely losing her patience (or does that happen later on).
  - The doctor goes in for an emergency c-section.
- What is crowning?
  - When the baby's head becomes visible (right before birth).
  - When forceps are used to help deliver the baby.
  - When the dad loses consciousness from the overwhelming process of birth.
- What dilates in labor?
  - Uterus
  - Cervix
  - Uthera
- The amniotic sac is also known as the \_\_\_\_\_?
  - Uterus
  - Baby's Threshold
  - Bag of water
- What is the best way to let younger children know that their mommy is having a baby?
  - Advise them on the ins and outs of the birds and the bees.
  - Tell them mommy ate some baby seeds.
  - Explain to them that mom has a baby growing in her belly and when he or she comes out they are going to be a great big brother or sister.
- What is okay to say to an expected mom?
  - Wow, you look like your ready to pop!
  - Are you having twins?
  - That is such a cute outfit.

## Answer Sheet

1. How much did the lightest set of triplets weight?

- b. 3 pounds and .8 ounces  
Little Peyton (1 lb 4.6 oz), Jackson (14.8 oz) and Blake Coffey (13.4 oz) were born by an emergency c-section. All are good and well now.

[www.guinnessworldrecords.com/records/human\\_body/age\\_and\\_youth/lightest\\_birth\\_-\\_triplets.aspx](http://www.guinnessworldrecords.com/records/human_body/age_and_youth/lightest_birth_-_triplets.aspx)

2. In the first year a baby's weight will?

- a. Triple

3. When is the best time to get an epidural?

- c. When the pain becomes unbearable

4. What is the average birth weight of a newborn?

- b. 7 pounds 5 ounces

[www.babycenter.com/0\\_17-surprising-facts-about-birth-in-the-united-states\\_1372273.bc](http://www.babycenter.com/0_17-surprising-facts-about-birth-in-the-united-states_1372273.bc)

5. What CAN'T you do while pregnant?

- c. Bumper Cars

[www.babycenter.com/is-it-safe.htm?intcmp=Nav\\_Global\\_PopAreas\\_Isitsafe\\_v3](http://www.babycenter.com/is-it-safe.htm?intcmp=Nav_Global_PopAreas_Isitsafe_v3)

6. What seems to get smaller when pregnant?

- c. Bladder

7. What is the best way to tell the sex of the baby?

- c. Childbirth

8. What CAN you do while pregnant?

- c. Go to a rock concert

[www.babycenter.com/is-it-safe.htm?intcmp=Nav\\_Global\\_PopAreas\\_Isitsafe\\_v3](http://www.babycenter.com/is-it-safe.htm?intcmp=Nav_Global_PopAreas_Isitsafe_v3)

9. What CAN'T you do while pregnant?

- c. Raise your heart rate above 140 beats per minute

[www.babycenter.com/is-it-safe.htm?intcmp=Nav\\_Global\\_PopAreas\\_Isitsafe\\_v3](http://www.babycenter.com/is-it-safe.htm?intcmp=Nav_Global_PopAreas_Isitsafe_v3)

10. What CAN'T you do while pregnant?

- a. Have a mud bath  
The temperature of the mud is normally too high for the baby.

11. At how many weeks pregnant does your baby's heart start to beat? (hint: your baby is the size of a sesame seed)

- b. 5 weeks

[http://www.babycenter.com/6\\_your-pregnancy-5-weeks\\_1094.bc](http://www.babycenter.com/6_your-pregnancy-5-weeks_1094.bc)

12. What happens when someone's membranes are ruptured?

- a. The amniotic sac holding the fluid around the baby is broke.

13. What is crowning?

- a. When the baby's head becomes visible (right before birth).

14. What dilates in labor?

- b. Cervix

15. The amniotic sac is also known as the \_\_\_\_\_?

- c. Bag of water

16. What is the best way to let younger children know that their mommy is having a baby?

- c. Explain to them that mom has a baby growing in her belly and when he or she comes out they are going to be a great big brother or sister.

17. What is okay to say to an expected mom?

- c. That is such a cute outfit.